



Deb Ritter often makes work calls from her 'green space,' a courtyard in front of Sunshine Yoga Studio (706 W. Pennway St.), where she shares an office with Kelli Austin, D.C., NSA practitioner and yoga instructor. Ritter and friends during a weekly hula hoop class at Sunshine. Ritter works part-time at Black bamboo furniture store (1815 Wyandotte Ave.): here, she and owner Tim Butt discuss his recent buying trip to Southeast Asia.



With a beautiful view of downtown, Ritter's kitchen offers a serene place to work on her upcoming book of inspirational poetry and her business, Fight Like a Woman (fightlikeawoman.com).



Ritter and her husband, Craig, moved from the suburbs to a luxury loft in the newly renovated Greenlease Cadillac Building at the corner of Gillham & McGee streets on Union Hill.



Ritter supervises as her husband (who reverse commutes to Lee's Summit) and neighbor Carl Reincke (right) bring in a new piece of art for the home. The trio then head out for happy hour with friends at the Drop (409 E. 31st St.).

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